

Discover how a virtual second opinion could be right for you

From confirming a diagnosis to exploring treatment options, getting a second opinion puts you first. 2nd.MD is here to help you to make the best health decisions by connecting you with leading specialists by video.



Our specialists can help you:

- ✓ Confirm a new or existing diagnosis
- ✓ Explore treatment plans and medications
- ✓ Understand if a recommended surgery is right for you

We have a wide network of expert doctors across hundreds of subspecialties and thousands of conditions, including:

- Muscle, joint and bone
- Heart disease and stroke
- Digestive/GI
- Autoimmune
- Men's health
- Women's health
- Cancer
- Pediatric medicine
- Mental health
- Brain and nervous system
- Ear, nose and throat
- And many more

96% of 2nd.MD users would recommend 2nd.MD to a family member or friend.*

How it works

1 ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT

Call **1.833.505.1314**
Visit **2nd.MD/activate**



Scan to get started

2 SPEAK WITH A NURSE

Talk to one of our experienced, compassionate nurses to see if a second opinion is right for you. We'll handle the rest, including gathering your medical records and finding the right specialist.

3 CONSULT WITH A LEADING SPECIALIST

Get personalized advice about your diagnosis and treatment plan. Video consultations are available when it's convenient for you, including nights and weekends!

2nd.MD services are confidential and **NO ADDITIONAL COST** to you and eligible family members as part of your benefits.

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.

*2nd.MD book of business statistics 2023

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